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Vulnerability to Viability: Mind Matters

The terms 'vulnerability' and 'viability' are usually studied in the context of socio-cultural and political-economic settings. In these cases, they would refer to vulnerability from and viability in challenging external circumstances, such as the consequences encountered by ecosystem-dependent communities in the Sundarbans. However, the speed and quality of transition are directly proportional to the psychological constitution, worldviews, and resilience of the individual and their sum total collective. This presentation will highlight how the mind matters in the larger discourse pertaining to vulnerability and viability.

V2V THEMATIC WEBINAR SERIES 2023



Speaker:

Dr. Anuradha Choudry

Dr. Anuradha Choudry is an Assistant Professor in the Department of Humanities and Social Sciences at the Indian Institute of Technology Kharagpur. She is also an Outreach Coordinator at the Indian Knowledge Systems Division of Ministry of Education, Government of India. Her work has primarily been in the domains of Sanskrit, Yoga, Indian Yoga Psychology, and Indian Culture and Philosophy. She has worked on the Indian Concepts of Happiness as a Fellow at the Development Foundation, Bangalore, and established the Centre for Indian Psychology at Jain University, Bangalore, which sought to establish an alternative paradigm for psychology based on the Indic worldview.



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12:00 PM UTC to 1:15 PM UTC
8:00 AM EDT to 9:15 AM EDT
5:30 PM IST to 6:45 PM IST



https://youtu.be/jd_i1Xqc08c

